

Eleven associational study groupings had a total of 55 outcomes (short-term, intermediate, or long-term), including 24 positive, 7 negative, and 24 neutral associations.

**Environment and Policy Indicators**

**Short-term Outcomes**

**Intermediate Outcomes**

**Long-term Outcomes**

**Decreased Access to Fast Food Restaurants**  
*(e.g., density of restaurants around a residence)*

14 **+** 15 **x** 6 **-**

4 **+** 4 **x** 1 **-**

**Increased Access to Full Service Restaurants**  
*(e.g., density of restaurants around a residence)*

3 **+** 5 **x** 0 **-**

1 **+** 0 **x** 0 **-**

2 **+** 0 **x** 0 **-**

**Higher Rates of Physical Activity**  
Weekly exercise  
2 **+** 0 **x** 0 **-**

**Better Nutrition**  
Consumption of healthy foods  
3 **+** 3 **x** 1 **-**  
Decreased consumption of unhealthy foods  
2 **+** 1 **x** 0 **-**

**Less Overweight and Obesity**  
Body mass index  
16 **+** 18 **x** 6 **-**  
Waist to hip ratio/waist circumference  
1 **+** 2 **x** 0 **-**

**Key:**  
**+** Positive Association  
**x** No Association  
**-** Negative Association

**Figure 9B: Availability of Restaurants**